



RYT-200 Hour Yoga Certification Program

5 MONTH WINTER EXTENDED

Dates: Dec 3 - April 15

Location: Solace Yoga Studio & Other Named Locations
620 W Edison Rd, Suite 132
Mishawaka, IN 46545

Contact: info@solaceyogastudio.com

Trainers: Liz Nierzwicki, Director of Teacher Training & Special Guest Teachers

Tuition: Tuition = \$3,500 / \$3,600 Payment Plan Option. \$500 non-refundable deposit (included in cost of tuition) will be due at time of registration. Enrollment available online via our website.

Info: Please email info@solaceyogastudio.com or Call (574) 855-4111 with questions.

Classes: 200 Hours Include: All hours listed on this sheet are mandatory. Plus you are required to complete (20) classes (outside of program) in order to gain knowledge in different styles, levels, and methodologies; as well as personal study & reading time (on your own) and time with fellow-students working on projects.

Week	Date	Day	Start Time	End Time
Session 1	3-Dec	Sunday	9:00 AM	5:00 PM
	5-Dec	Tuesday	5:00 PM	9:00 PM
	12-Dec	Tuesday	5:00 PM	9:00 PM
Session 2	21-Jan	Sunday	9:00 AM	5:00 PM
	23-Jan	Tuesday	5:00 PM	9:00 PM
Session 3	28-Jan	Sunday	9:00 AM	5:00 PM
	30-Jan	Tuesday	5:00 PM	9:00 PM
Session 4	11-Feb	Sunday	9:00 AM	5:00 PM
	13-Feb	Tuesday	5:00 PM	9:00 PM
	20-Feb	Tuesday	5:00 PM	9:00 PM
	27-Feb	Tuesday	5:00 PM	9:00 PM
Session 5	4-Mar	Sunday	9:00 AM	5:00 PM
	6-Mar	Tuesday	5:00 PM	9:00 PM
	13-Mar	Tuesday	5:00 PM	9:00 PM
Session 6	20-Mar	Tuesday	5:00 PM	9:00 PM
	27-Mar	Tuesday	5:00 PM	9:00 PM
	27-Mar	Tuesday	5:00 PM	9:00 PM
Graduation	April	DATE TBD		

*All hours are mandatory and will need to be made up if missed. Additional hours will need to be discussed and approved by the director of teacher training. *The last day of the program does not constitute a pass of the program. All Hours, assignments, a passing test, and teachers approval of your readiness to teach will be required for certification. For those needing extra help and training, the director of teacher training will outline time for additional training or assignments that can be taken to acquire certification. This extended winter program is built for those who have busy and may need a little bit more flexibility. If you have ANY questions or concerns about this schedule don't hesitate to ask.