



**Solace Yoga Studio's School of Yoga  
200-Hour Yoga Teacher Training Certification**

Full Legal Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

**Questions:**

Are you currently teaching yoga, and if so where and what style? \_\_\_\_\_

\_\_\_\_\_

Please list years of yoga practice and previous training. \_\_\_\_\_

\_\_\_\_\_

What does yoga mean to you or help you with? Please explain. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please explain why you would like to become a certified yoga instructor. \_\_\_\_\_

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Please explain why you have chosen Solace Yoga Studio Teacher Training. \_\_\_\_\_

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How has your yoga practice changed your life or has it yet? \_\_\_\_\_

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What types of yoga are you interested in teaching? Why? \_\_\_\_\_

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Please list any injuries or medical conditions: \_\_\_\_\_

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Please list two emergency contacts (name, relationship, phone): \_\_\_\_\_

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Please tell us more about you: \_\_\_\_\_

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Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Completed applications can be faxed to 574-855-4169 or dropped off to Solace Yoga Studio, 620 W. Edison Rd., Suite 132, Mishawaka, IN 46545**

*Yoga teachers registered with the Yoga Alliance® are authorized to use the initials "RYT® (Registered Yoga Teacher) after their name or the initials "E-RYT® (Experienced Registered Yoga Teacher) if they have significant teaching experience in addition to RYT training. RYT's have met minimum training standards and E-RYT's have significant teaching experience. All requirements are set by the Yoga Alliance.*