

Solace Yoga Studio School of Yoga

Soothe Your Soul



200-Hour Yoga Teacher Training Program

2 Month Summer Intensive

Dates: July 16 - Aug 20

Location: Solace Yoga Studio
620 W Edison Rd, Suite 132
Mishawaka, IN 46545
info@solaceyogastudio.com

Trainer: Liz Nierzwicki, Director of Teacher Training

Tuition: EARLY BIRD \$3,300 Ends May 15th. Tuition = \$3,500 / \$3,600 Payment Plan Option. \$500 non-refundable deposit (included in cost of tuition) will be due at time of registration. Enrollment available online via our website.

Info: Please email info@solaceyogastudio.com or Call (574) 855-4111 with questions.

*20 additional classes will need to be taken on your own time to experience and review different styles, levels, and methodologies. These 20 hours are part of your teacher training time requirement. Reviews are homework that will need to be turned in.

Classes:

Please note: Students of the program will be eligible for 1x 20% off a 20-class pass. Many yoga students get a membership to make it easy.

Week	Date	Day	Start Time	End Time
Session 1	16-Jul	Sunday	9:00 AM	5:00 AM
	18-Jul	Tuesday	5:00 PM	9:00 PM
Session 2	23-Jul	Sunday	9:00 AM	5:00 AM
	25-Jul	Tuesday	5:00 PM	9:00 PM
Session 3	30-Jul	Sunday	9:00 AM	5:00 AM
	1-Aug	Tuesday	5:00 PM	9:00 PM
Yoga Retreat	TBA	Sat or a Sun	9:00 AM	5:00 AM
Session 4	6-Aug	Sunday	9:00 AM	5:00 AM
	8-Aug	Tuesday	5:00 PM	9:00 PM
Session 5	13-Aug	Sunday	9:00 AM	5:00 AM
	15-Aug	Tuesday	5:00 PM	9:00 PM
Session 6	20-Aug	Sunday	9:00 AM	5:00 AM
	22-Aug	Tuesday	5:00 PM	9:00 PM

***All hours are mandatory and will need to be made up if missed. Additional hours will need to be discussed and approved by the director of teacher training. *The last day of the program, does not constitute a pass of the program. All hours, assignments, a passing test, and teachers approval of your readiness to teach will be required for certification. For those needing extra help and training, the director of teacher training will outline time for additional training or assignments that can be taken to acquire certification. This intensive summer program is built for those who have lives and need a little bit more flexibility. If you have ANY questions or concerns about this schedule don't hesitate to ask.**